





Calling all Cooks

The Voorheesville PTA Garden Project is hosting a
Harvest Festival celebrating Blackbird Paradise
(our new school and community garden).

Friday, November 6, 2009 from 6PM to 8:30PM, Elementary School
A fun-filled evening emphasizing healthy lifestyles through food, crafts, and dance!

Please join us by providing a dish for sampling.
It's easy to participate:

-  Select a healthy vegetarian recipe highlighting local produce that you think will appeal to elementary school children and is easy to serve*
-  Provide enough of your yummy contribution for 300 spoon-sized tastes
-  Send us the recipe so we can offer it to our school chef and post it on our website**
-  Let us know exactly how you'd like your name to appear in our press releases (if you'd like the publicity) and other publications

* *It will help reduce cost and waste if we serve the dish using an oversized flat wooden "spoon", a cracker, a toothpick, or something similar. However, we DO want to expand our children's healthy food choices, so don't hesitate if you have a great, kid-friendly, healthy dish that may require a traditional plastic utensil!*

** *Due to allergy concerns, please let us know if you plan to make a dish containing peanuts/tree nuts, egg, dairy, soy or shellfish, so that we may plan accordingly.*



For more information contact:

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