

School-Counseling Program Definition

School Counseling is an integral part of each student's total educational program. It is developmental by design, and includes sequential, research based activities. It is organized and implemented by a Masters Level School Guidance Counselor with the support of teachers, administrators, and parents. The school counseling program delivers services for all students by helping them to :

- Achieve educational success
- Develop competencies in career/life planning
- Acquire and apply personal and social knowledge



*Elementary Counselors
help students reach
for the stars!*



Voorheesville
Elementary School

A Commitment to Excellence with a Tradition of Quality

Elementary
Counseling
Program
Guide

What does an elementary counselor do?

At Voorheesville, the counselor teaches guidance units to each classroom, beginning in first grade. The guidance curriculum is research based, with a focus on understanding self and others; communication skills; study skills; and decision making, as well as career awareness. Small group and individual counseling are provided, related to issues such as social skills, family concerns, and school adjustment. The counselor also provides consultation for parents, faculty and administrators and provides referrals to outside agencies, as needed. In addition, the counselor facilitates school wide guidance related activities which promote students' personal growth and skill development. Finally, counselors communicate and exchange information with families by way of conferences, parent education programs, and newsletters.

How can I reach my child's counselor?

Your child's counselor is Mrs. Paulson, and she can be reached at 518-765-2382, ext. 518. You can also e-mail her at spaulson@vcSDK12.org.

What else should I know about school counselors?

School counselors are student advocates who work as part of a team to create a caring atmosphere where children's needs are met through prevention, early identification, and intervention..

Guidance Curriculum at Voorheesville Elementary

Grade 1: **Second Step:** A Research Based Social Emotional Learning Program emphasizing Feeling Vocabulary Development, and Empathy;
Career Awareness

Grade 2: **Second Step:** Continuation of Grade 1, with an emphasis on Awareness of Others' and Problem Solving; **Career Awareness**

Grade 3: **Ready for Success:** A research based program to teach academic, social, and self management skills needed for success;
I Didn't Know I was A Bully;
Literature Based Lessons on Bullying Behaviors; **Career Awareness**

Grade 4: **Student Success Skills; Play Real Game:** Research Based Program related to Career Awareness and Exploration

Grade 5: **Student Success Skills;**
Transition Planning for Middle School

MISSION STATEMENT

The mission of the Voorheesville Elementary School Counseling Program is to provide an environment that nurtures and values each individual, and that educates and supports **all** students with regard to personal, social, emotional, and academic endeavors. Consistent opportunities for interpersonal skill development, self-exploration, and career awareness will be provided throughout the elementary years.

As a result, we believe students will have the capability to become lifelong learners and productive citizens in our community and throughout the world.



Your school counselor is:
Mrs. Suzanne R. Paulson
129 Maple Avenue
Voorheesville, NY 12186
VCSDK12.org

Phone: 518-765-2382, ext. 518

Fax: 518-765-3842

E-mail: spaulson@vcSDK12.org